

Post-Aeration Care Guide

Your Complete 30-Day Guide to Success

Follow this guide to maximize the benefits of your newly aerated lawn

Table of Contents

Week 1.....Pg. 1

Week 2.....Pg. 2

Week 3-4,,,,,,,,,.....Pg. 3



Week 1: Initial Recovery (Days 1-7)

Watering

- Water immediately after aeration for 20-30 minutes
- Continue daily watering for 15-20 minutes each session
- Water early morning (6-8 AM) for best absorption
- Focus on deep watering rather than frequent light sprinkles

Traffic and Use

- Avoid heavy foot traffic for the first week
- Keep pets and children off treated areas when possible
- No lawn furniture or equipment on aerated areas
- Light walking for necessary activities only

What to Expect

- Soil plugs will be visible across the lawn surface
- Holes may appear larger than expected initially
- Some areas may feel soft or spongy underfoot
- Water will absorb noticeably faster than before

Week 2: Soil Integration (Days 8-14)

Watering Adjustments

- Reduce to every other day watering
- Increase duration to 25-35 minutes per session
- Monitor soil moisture at 3-inch depth
- Adjust based on rainfall and temperature

Lawn Activity

- Resume light foot traffic
- Continue avoiding concentrated activity areas
- No sports or recreational activities yet
- Keep pet use to minimum

Monitoring Progress

- Watch soil plugs begin to break down naturally
- Note improved water penetration in aeration holes
- Check for any settling or depression in treated areas
- Observe grass response to improved soil conditions

Week 3-4: Establishment (Days 15-30)

Watering Routine

- Transition to 2-3 times per week schedule
- Water for 30-45 minutes each session
- Focus on deep, thorough watering
- Allow soil to dry slightly between waterings

First Mowing Guidelines

- Wait until grass needs cutting (1/3 rule applies)
- Use sharp mower blades to avoid pulling grass
- Set mower to highest setting for first cut after aeration
- Mow when soil is firm and dry, not soft or muddy
- Avoid mowing if soil plugs are still very visible
- Mow in different directions to avoid creating ruts

Mowing and Soil Plugs

- Soil plugs will naturally break down from mowing activity
- Don't rake up the plugs - they add beneficial organic matter
- First few mowings may be bumpy due to plugs on surface
- Plugs should be mostly broken down within 2-3 mowing cycles

Increased Activity

- Resume normal foot traffic after day 21
- Allow pets back to regular yard use
- Light recreational activities acceptable
- Avoid heavy concentrated use until month 2